

Maternal and Child Health Fellowship

Name of Institution: Department of Family Medicine McGill University

Location: Accredited teaching sites of the Department of Family Medicine McGill University

Type of fellowship: Clinical

Program Information:

The staff who teach the fellows have made a significant commitment to teaching in family medicine obstetrics program. They are all instructors of ALSO and NRP. Each staff has developed an individualized teaching session that can be delivered to the fellow when in a one-one teaching environment. The fellow has access to the documentation for the teaching sessions through a binder that is made available to the fellow. The fellow has a set teaching session with the program director most weeks. The fellow is mentored by the program director one-one for their scholarly activity.

The breastfeeding clinic at the JGH provides a unique opportunity for learning care of the mother child breastfeeding dyad. While in the clinic the fellows receive intensive one-one teaching not only from family physicians experienced in breastfeeding but as part of a multidisciplinary team. In particular fellows benefit from working with a lactation consultant who is experienced in the teaching of physicians. At end of the fellowship most fellows are competent to act as consultants to other family physicians for breastfeeding concerns.

One of the challenges that face maternity care providers is the balance between providing maternity care and providing family medicine care. As well this must be accomplished in the context of balancing their personal life. The program allows the fellow an opportunity to see how maternity care can be integrated into different practice settings-for instance CLSC, private office with and without advanced skills nurses. While working in varied settings and with different supervising physicians, the fellow can explore techniques that will permit her/him to practice maternity care successfully post training.

Finally the program offers a highly individualized and responsive curriculum tailored to the needs of the individual learner.

This is a 6 month fellowship, which can be extended to 12 months for out-sponsored trainees required a third year for their home country.

Academic affiliation: faculty members of the Department of Family Medicine
Names of hospitals involved in training: This fellowship is based both in the hospital but also in the community as family medicine is a community based disciplines. Sites include but are not limited to outpatient teaching sites accredited by McGill Department of Family Medicine, SMBD Jewish General Hospital, St. Mary's Hospital, Lasalle Hospital, Anna Laberge, Lakeshore General Hospital as well as hospitals with maternity care service within the McGill RUIS (Val D'or, Gatineau, Ville Marie,

Background: The fellowship has been in place in the department of family medicine since 1993. A copy of the original program information is attached.

Research Activity: The research activity associated with this fellowship is related to scholarly activity. Fellows have the option of a preparing a literature review, starting a research project that is completed during the first year of being an attending or developing an evidenced based protocol for use in their institution.

Publications: see department of family medicine research publications

Mission: to train family physicians for the following:

- 1-to practice in remote regions where resources are limited
- 2-to practice in settings of high volume obstetrics
- 3-to practice in a setting where they are involved in the teaching of residents and students in family medicine maternal and child health

Outline of how intended fellowship will enhance residency training:

The fellows assume a senior teaching role with residents in the family medicine residency program in the obstetrics rotation. As near peers they provide support for residents in this rotation as well as providing an opportunity for the fellows to develop their roles as teacher.

Name of the Fellowship Program Director: Lisa Graves

Names of teaching faculty: all members of the department of family medicine. The faculty functions as direct teachers in maternity care and supervisors in the outpatient settings. Members of the departments of obstetrics and gynecology as well as neonatology also function as teachers in the program.

The faculties in family medicine who work most closely with the fellows are physicians with full care family medicine practices. The fellowship seeks as role models family physicians who include obstetrics as part of their practice rather than as the exclusive function of their function.

The major strength of the faculty is their experience in clinical teaching. (see program information)

Academic Facilities The fellows have the use of the facilities of the above listed teaching sites.

Fellow Duties and Responsibilities the fellow's duties are related to their clinical duties. Teaching responsibilities are under the supervision of family medicine faculty.

Curriculum: Rotations occur in both inpatient and outpatient settings as described below.

1- *JGH Family Birthing Centre* this component involves being on call as the junior obstetrics resident in a high volume birthing centre. Responsibility involves the care of all low risk patients who present to the birthing centre and who are followed by obstetricians as well as family physicians. This allows high volume spontaneous vaginal delivery and procedural practice. This is particularly useful to upgrade procedural skills and develop confidence.

2- *St. Mary's Labour and Delivery* Responsibility involves the care of all low risk patients who present to the birthing centre and who are followed by obstetricians and family physicians. This allows high volume spontaneous vaginal delivery and procedural practice. This is particularly useful to upgrade procedural skills and develop confidence

3- *Other Labour and Delivery Sites* e.g. Cowansville, Lasalle Fellows may request to rotate through other McGill sites. This is especially useful for fellows who have completed majority of their medical education at McGill. If a fellow has an offer of a position in another hospital, the final month of the fellowship can be spent in that locale learning the skills required to function in that particular milieu.

4- *Breastfeeding clinic* The Goldfarb Breastfeeding Centre at the JGH provides a ½ day per week opportunity for the fellow to learn the skills to support breastfeeding women. The fellows work with the full-time lactation consultant as well as three family physicians with an interest in breastfeeding. All three family physicians are actively involved in maternity care, 2 are graduates of the fellowship program and the other is one of the original program developers. One of the physicians is also a certified lactation consultant.

5- *VMS clinic* this is a large multicultural clinic located in 2 sites. The clinic provides high volume maternity care in a practice outside of teaching unit. The fellow works closely with a faculty member and nurse/midwife at this site. During the course of a half day the fellow may well see 10-15 maternity patients at all gestational ages. This provides the fellow with an opportunity to experience maternity care outside a teaching unit.

6-*CLSC Montreal Nord* this is a large multicultural government funded clinic. In this clinic there is significant exposure to obstetrics and well child care. The fellow works closely with the faculty member who at present is at this site. This clinic provides a model of care in the CLSC (nurses, social workers, and dietician). The fellows will be involved in consultations for breastfeeding and contraception. Given the demographic of this CLSC, there is high exposure to many cases of poverty, family/conjugal violence, immigrants (Haiti, Arab countries, Hispanic, African) and young parents.

7-*CLSC Cote-des-Neiges* this is a large multicultural government funded clinic. The fellow works closely with multiple faculty members who are present is at this site. This clinic provides a model of care in the CLSC (nurses, social workers, and dietician) This CLSC is a family medicine teaching unit. It is the supporting CLSC for the Maison de Naissance Cote-des-Neiges (midwifery project). Through this link the fellow can have the opportunity to visit the midwives for exposure to prenatal visits and births.

8-*Wee Care Clinic* this is a high volume community paediatrics clinic outside of a teaching centre. The fellow is supervised by two faculty family physicians. This site provides an excellent clinical exposure to child health care.

9-*Continuity of care clinics* the fellow is encouraged to continue seeing patients from his/her residency practice if this is feasible. The fellow is also encouraged if remaining in Montreal to transfer their patients to their practice. The continuity practice may occur at any of the teaching sites-St. Mary's, JGH, CLSC Cote-des-Neiges. The fellow is always expected to see his/her role as family physician who attends births and not a family medicine obstetrician.

The fellow is expected to appraise critically the articles selected for the weekly teaching sessions as well as the articles they select for presentation to the family practice group at the JGH. Many fellows conduct an evidence based review of the literature for their scholarly activity. The ALSO program provides an evidence based review of the obstetrical literature.

List of graduates of the fellowship since 1999 (bold reflects graduates of last year)

Dr. Rehab Al-Wotayan on staff Kuwait, involved in development of Kuwait's national breastfeeding initiative

Dr. Jean Zigby active faculty McGill

Dr. Audrey Juras active faculty McGill

Dr. Joey Fenster Toronto active practice

Dr. Lisa Vasil active practice rural BC

Dr. Fanny Hersson-Edery active faculty McGill

Dr. Michelle Love in practice in US

Dr. Taline Ghazigian active faculty McGill

Dr. Deborah Golberg active faculty McGill

Dr. Melanie Beliveau active faculty University of Sherbrooke

Dr. Howard Mitnick active faculty McGill

Dr. Anjana Srinivasan active faculty McGill

Dr. Christine Peterkin active rural practice southwestern Ontario

Dr. Severine Laplante active faculty McGill

Dr. Meira Stern active faculty McGill

Dr. Diana Barrigar in practice BC

Dr. Jacqueline Ruttenberg active faculty University of Montreal

Dr. Linh Le Quoc active faculty University of Montreal

Dr. Jill Cracower active faculty McGill

Dr. Tamara Narine in practice Ontario

Dr. Maxine Dumas-Pilon active faculty McGill

Dr. Laura McLaren active faculty McGill

Dr. Leslie Solomon active faculty McGill

Dr. Hanan Al-Hamadi active in maternal and child health UAE

Dr. Roxanne Arel active faculty McGill

Dr. Anna Fichman active at Lasall Hospital

Dr. Delphine Laramee active McGill faculty Gatineau

Dr. Graham Pratt active McGill faculty

Dr. Tania Lemelin on parental leave

Dr. Marissa Zampini active McGill faculty

Dr. Sandra Morris active McGill faculty

Dr. Judith Masson active in rural practice Shawinigan

Dr. Danielle Chahine practice in rural Ontario

Dr. Hannah Shenker practice in Puvuntuuq

Dr. Valerie Stuckey practice at LaSalle Hospital

Dr. Marizeh Dardashti active practice

Dr. Cristina Teodorescu active practice LaSalle Hospital

Dr. Iona Ciobanu active practice at McGill teaching site

Dr. Liny Laroche active faculty Laval

Dr. Neb Kovacina active faculty McGill

Dr. Jessica Djeredjian active child health practice in Montréal

Dr. Ojistoh Horn active practice McGill Chateauguay site

Dr. Helen Mavromichalis active practice CLSC Cote des Neiges

