

Depressive Disorders Fellowship

Name of Institution: *Douglas Mental Health University Institute*

Location: *6875 Lasalle Blvd., FBC-3 Pavilion, Verdun, QC, H4H 1R3.*

Type of Fellowship: *Clinical and/or Research*

Length: *1 Year*

Program Information:

- **Number of fellowship positions requested:** *1 (one)*
- **Academic affiliation:** *Department of Psychiatry, McGill University*
- **Name of hospitals involved in training:** *Douglas Mental Health University Institute (100% of time will be spent by the fellow in this institution)*
- **Background:** *The Depressive Disorders Program (DDP) is a superspecialized (third-line) service for subjects who are suffering from refractory and/or recurrent major depressive disorder with or without the presence of suicidal behaviour. The program offers cutting-edge treatment for depressed patients and provides support to families. In addition, the team carries out extensive phenotyping assessments and measures the effectiveness of therapeutic interventions at baseline and during follow-up, and develops research projects that are integrated into the clinical practice. Also, the program transfers knowledge to health professionals, students and residents by offering training in assessment and treatment of depression.*
- **Research activity:** *The DDP – the clinical arm of the McGill Group for Suicide Studies (www.douglasrecherche.qc.ca/suicide) – is involved in both clinical and basic research in depression and suicidal behavior. Ongoing clinical studies include functional magnetic resonance imaging investigations of theory of mind and stress in major depression and the neural basis of transcranial magnetic stimulation (TMS), as well as predictors of treatment response to both TMS and transcranial direct current stimulation in resistant depression. Additionally, the DDP is involved in several molecular and neuroanatomical studies of depression and suicide, as well as several psychological autopsy and family studies. For more information please visit(www.douglasrecherche.qc.ca/suicide)*
- **Publications:** *Please visit [http://www.ncbi.nlm.nih.gov/sites/entrez?db=pubmed&cmd=DetailsSearch&term=Turecki+G&log\\$=activity](http://www.ncbi.nlm.nih.gov/sites/entrez?db=pubmed&cmd=DetailsSearch&term=Turecki+G&log$=activity)*
- **Outline how intended fellowship will enhance residency training:** *At the DDP the fellow will receive specialized training in the management of complex cases of depressive disorders (including assessment, advanced pharmacological and somatic interventions and principles of psychotherapeutic/psychosocial treatment) and will also develop research skills in the fields of mood disorders and suicidal behavior.*

Name of the Fellowship Supervisor: *Gustavo Turecki, M.D., Ph.D.*

Names of the Teaching Faculty:

Gustavo Turecki, M.D., Ph.D.
Marcelo T. Berlim, M.D., M.Sc.
Gabriella Gobbi, M.D., Ph.D.
Johanne Renaud, M.D., M.Sc.
Monique Seguin, Ph.D.
Naguib Mechawar, Ph.D.
Lila Amirali, M.D.
Liliane Sayegh, Ph.D.
Isabelle Sarafian, Ph.D.
Valentin Mbeku, Ph.D.
Francine Charest, R.N.
Anton Chow, MSW.

- **Roles:** *The teaching faculty will be responsible for supervising the clinical and research activities of the fellow.*
- **Summary of clinical practice:** *All teaching faculty members have extensive clinical and/or research experience in the field of mood disorders and suicidal behavior.*
- **Major Strengths:** *The DDP is a truly specialized multidisciplinary team that is part of the Douglas Mental Health University Institute - an international leader in care, research and teaching in mental health that is affiliated with McGill University and the World Health Organization.*

Academic Facilities

- Outline facilities for clinical and academic pursuit: *The Depressive Disorders Program is part of the Douglas Mental Health University Institute. For more information please visit <http://www.douglas.qc.ca/> .*
- Library access, materials relevant to fellowship training: *The Douglas Mental Health University Institute has a library specialized in psychiatry and allied disciplines (please visit <http://www.douglas.qc.ca/teaching/library/>). Also, the fellow will have access to all resources available through the McGill University network.*

Fellow Duties and Responsibilities

- Call responsibilities to cover service: *To be discussed.*
- Supervision of residents: *To be discussed.*
- *There are no fixed rotations at other institutions.*
- Outpatient clinic responsibilities: *The fellow is expected to perform the supervised assessment and clinical management of outpatients with treatment-resistant depressive disorders. He/she is also expected to participate in all major activities of the DDP (including research-related ones) and work on a full-time basis.*
- Role of the fellow towards residents on service: *To be discussed.*
- Teaching responsibilities towards residents: *Optional.*
- Participation in academic activities involving the residents: *To be discussed.*

- Support staff available to the fellow: *The fellow will be in close contact with the program coordinator as well as with all members of the teaching faculty. Also, secretarial support will be offered during the fellowship.*
- Proposed meetings to be attended by the fellow: *The fellow is expected to participate in all clinical and academic activities carried out at the DDP. He/she will be also encouraged to participate in educational and/or training activities developed at the Douglas Mental Health University Institute.*
- Research productivity and publications expected by the Fellow: *To be discussed according to Fellow's interest.*

Curriculum

- Intended case load: *Approximately 15 to 25 depressed outpatients per year of fellowship.*
- Intended percentage of varieties of cases: *Depressed outpatients will comprise 100% of the cases.*
- Regular reading materials provided: *The fellow will receive copies of all didactic material used at the DDP.*
- Conference weekly schedules: *Research and clinical meetings are held on Wednesdays from 9:15 AM until 10:00 AM and from 10:15 AM until 11:00 AM, respectively. Once a month there is a journal club and a case presentation/discussion (in partnership with the child and adolescent division of the DDP).*
- Role of the fellow in attending, presenting, supervising, organization: *The fellow is expected to present 1 to 2 clinical cases per semester (during the monthly joint meetings with the child and adolescent division of the DDP). He is also expected to present a summary of his/her research activities at least once per semester.*

December 3, 2008